

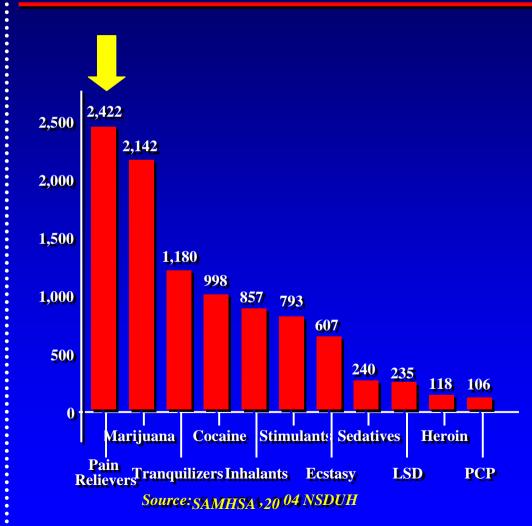


Annual Numbers of New Nonmedical Users of Pain Relievers: 1965-2004

Thousands of New Users 3,000 All 2,500 Ages 2,000 18 or 1,500 -Older - Under 1,000 18 **500**

Source: 2003 & 2004 NSDUH, SAMHSA

Numbers of Past Year Initiates (In Thousands)



Opioids

Examples: OxyContin, Vicodin, Fentanyl

How They Work...

Attach to Opioid Receptors in the Brain and Spinal Cord, Blocking the Transmission of Pain Messages to the Brain

Opioids Are Generally Prescribed For:

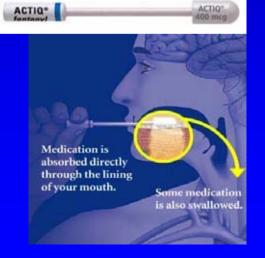
- Anesthesia
- Management of acute or chronic severe pain
- Relief of coughs and diarrhea



Fentanyl

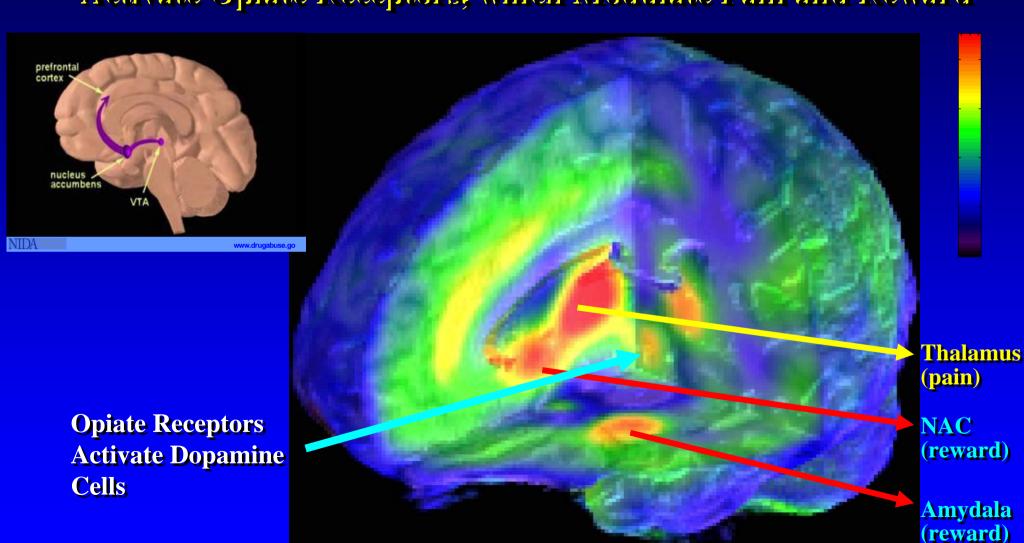
- µ-opioid receptor agonist
- potency = 50-100 times that of morphine
- high lipid solubility: easy access to brain
- rapid onset; short duration of action
- injectable (Sublimaze®), transdermal (Duragesic®), & transmucosal (Actiq®)
- more than 12 different analogs of fentanyl have been produced clandestinely





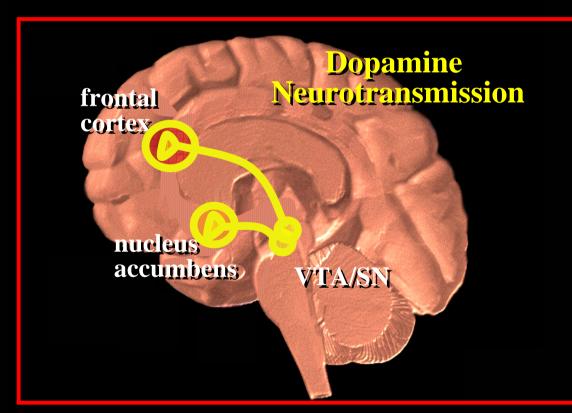
Narcotic Pain Killers

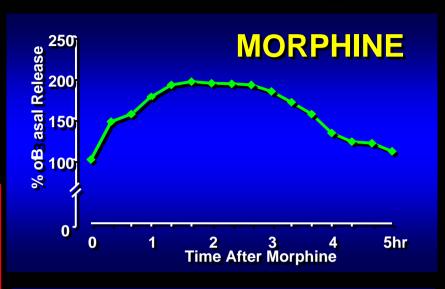
(Oxycontin, Vicodin, Fentanyl, Demerol, Dilaudid) Activate Opiate Receptors, which Modulate Pain and Reward

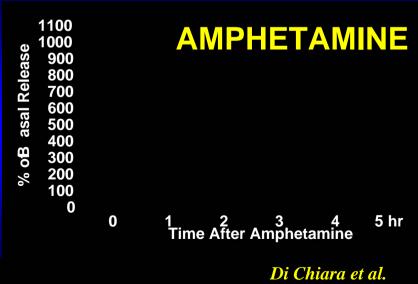


Why Do People Abuse Prescription Drugs?

These prescription drugs, like other drugs of abuse (cocaine, lieroin, marijuana) raise brain donamine levels

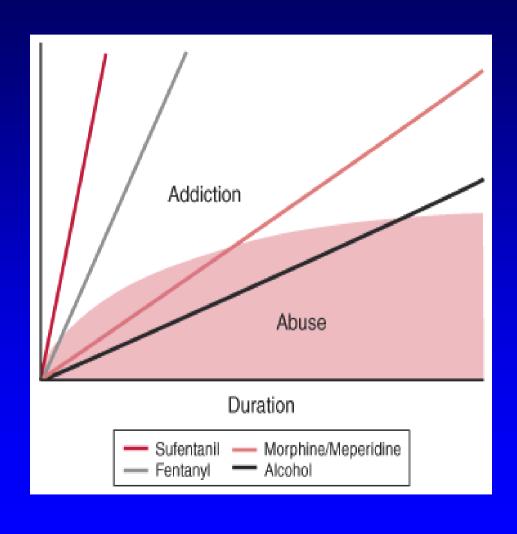




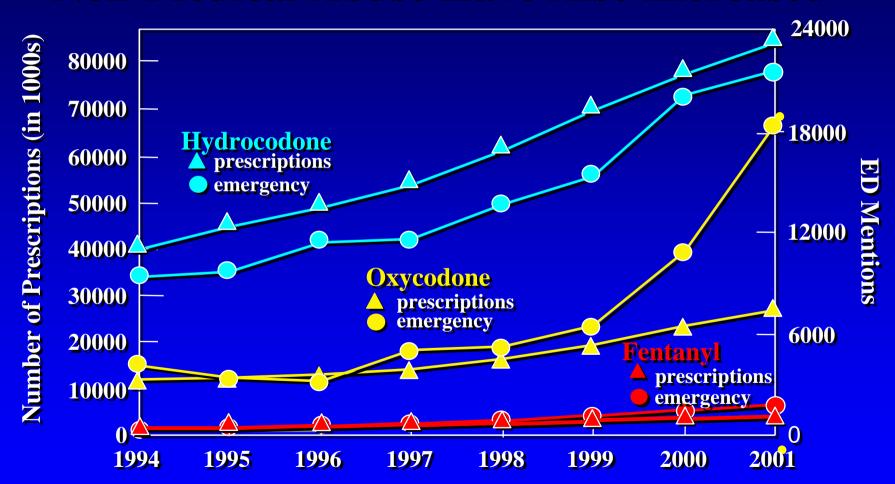


BUT dopamine is also elevated by natural reinforcers

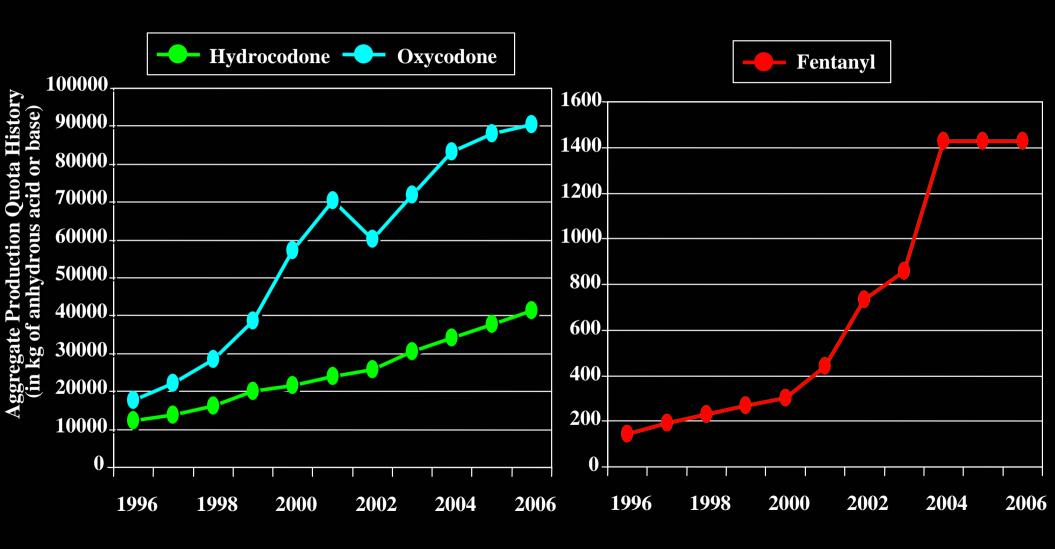
The Speed at which Drugs Increase Dopamine Affects their Rewarding Effects



As Prescriptions Increase Emergency Room Visits For Non-Medical Abuse Have Also Increased



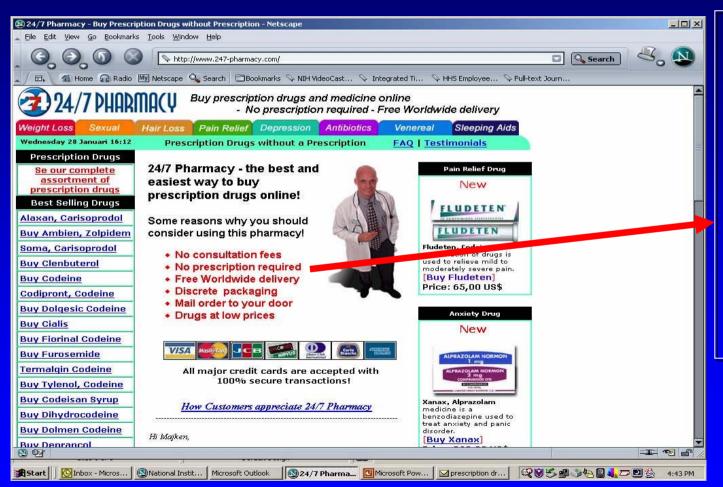
Aggregate Production Quota History



Source: DEA, Office of Diversion Control

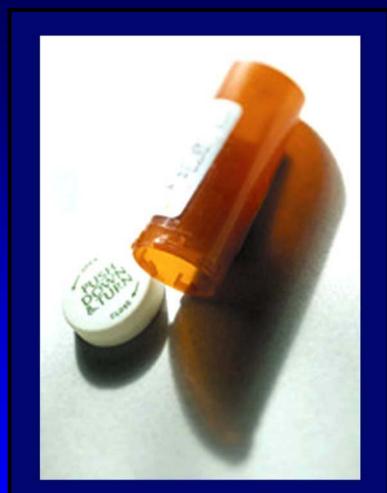
Availability on the Internet

Delivered in the Privacy of your Home



"Some reasons why you should consider using this pharmacy"

No prescription required!



drugabuse

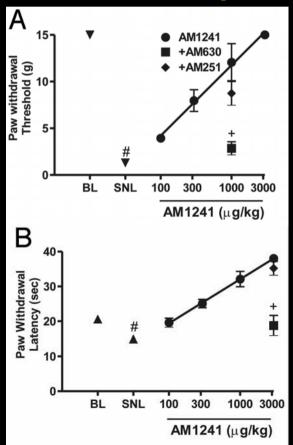
What Are We Doing About All of This?

The buzz takes your breath away.



Development of Alternative Medications with no Drug Abuse Potential

Activation of CB2 Cannabinoid Receptors by AM1241Inhibits Experimental Neuropathic Pain



Suboxone® Buprenorphine monotherapy product Subutex® Buprenorphine + naloxone combination product

(addition of opioid antagonist reduces abuse liability)

Source: Ibrahim et al., PNAS, September 2, 2003.

National Drug Abuse Treatment Clinical Trials Network (CTN)



NIDA Has Launched New Clinical Trials On:

Treatment of addiction to opiate analyesics

Expanded Research Efforts

 Prescription Drug Abuse Program Announcement (PA-04-110)



 Prescription Opioid Use and Abuse in the Treatment of Pain (RFA-DA-06-005)

(with NIA & NIDCR)



We've Developed and Widely Disseminated Materials Detailing the Facts About Prescription Drug Abuse...



drugabuse

Confronting the Rise in Abuse of Prescription Drugs

By NIDA Director Nore D. Volkow, M.D.



The misuse and abuse of prescription medications is a growing public health concern. The National Survey on Drug Use and Health (NSDUH), conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). estimates that in 2003, 6.3 million Americans aged 12 and older abused prescription drugs (that is, took medications not prescribed for them or took medications solely for pleasure or entertainment) in the month preceding the survey. Most abused pain relievers (4.7 million); others abused tranquilizers (1.8 million), stimulants (1.2 million), and sedatives (0.3 milion).

The abuse of prescription medications has increased in all segments of the population, and in recent years the increase in abuse of prescription pairfeillers has been particularly sharp and wornsome. In 2002, the NIDA-supported Monitoring the Future survey initiated

questions about the prescription pain medications oxycodone (OxyContin) and hydrocodone (Vicodin). In that year and in 2003, about 4 percent and 4.5 percent, respectively, of high school seniors reported nonmedical use of axycodone in the 12 months preceding the survey. Roughly 10 percent of seniors reported nonmedical use of hydrocodone, making it the third most widely abused illicit substance (after marijuana and amphetamine) in this age group.

The abuse of prescription pain medications is increasing among adult Americans as well. Among young adults aged 18 to 25, the rate increased from 22.1 percent in 2002 to 23.7 percent in 2003, NSDUH data show. Abuse of oxycodone increased among all age groups from 2002 to 2003; by more than 10 percent among Americans aged 12 to 17, by nearly 40 percent among 18- to 25-year-olds, and by 60 percent for Americans aged 26 or older.

NIDA is responding to the increase in prescription drug abuse on several fronts. In September, a Consultant Workgroup meeting brought together researchers and physicians with expertise in pain management and the epidemiology, prevention, and treatment of opiate abuse. This panel developed an outline for a large-scale clinical study of treatment for prescription opiate abuse that will be designed and conducted by NIDA's <u>Clinical Trials Network</u>. NIDA research also is expanding our understanding of the risks posed by prescription medications in different populations-women, adolescents, racial and ethnic groups, health professionals, those with comorbid substance abuse and mental health disorders, and those with HIV/AIDS and other infectious diseases. One group that may be especially at risk is the elderly. Age related changes may influence the way in which their bodies metabolize and respond to prescription drugs. Older adults are more likely to have undiagnosed psychiatric and medical illness. They also are more likely to be taking several medications in complex drug regimens, increasing the risk of

Director's Column Vol. 19, No. 5 Clanuary 2005)



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NATIONAL INSTITUTE ON DRUG ABUSE

Most tweetile who take trescription medications take their responsible. bouseur, the normatical use or abuse of prescription draw remains Gertain prescription druge—optotals, control mension systems (CNS) depres surete, and attenulants-schon abused can ofter the brain's actions and lead to dependence and possibly andellerion

Art estimated 4 william people aged 12 and older used prescription drugs for nonmedical reasons in 1999; almost half of that number reported sering treacritation draws nonunctically for the first time to the previous year. We would like to reserve this trend by increasing assureness and promoting additional mwarch on this topic.

The National Institute on Drug Abuse (NEM) has developed this pub Restion to areason questions about the camequeness of abusing com-manly proceeded medications. In ō addition to offering information on what research has laught us about brain and leads, this publication also a discusses investment options.

This publication was developed to help beath care providers discuss the ощиться ображення выд abuse with their patients. According to a recent matternal survey of primary care physicians and patients regard ing rebutance abuse. 45 6 percent of dynicians find it difficult to ducus necription drug abuse with their

Prescription drug alness is not a new problem, but one that desernes remeasul attention. We Jope this colonific report is useful to the public nerticularly to tredividuale working with the elderly, who because of the number of medications they may tak for parious wedical conditions, way e more sadnerable to wisuse as

Alan I. Lesboer, Ph.D.

PRESCRIPTION DRUGS Abuse and Addiction

What are some of the commonly abused prescription druas?

Ithough many prescription drugs can be abused or misused. there are three classes of prescription drugs that are most commonly abused:

- = Opioids, which are most often prescribed to treat
- = CNS depressants, which are used to treat anxiety and sleep disorders;

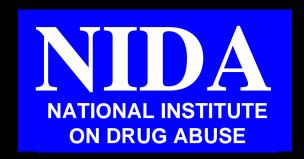


- Stimulants, which are prescribed to treat the sleep disorder narcolepsy attention-deficit hyperactivity disorder (ADHD). and obesity.

Opioids What are opioids?

pioids are commonly prescribed because of their effective analgesic, or pain-relieving, properties. Medications that fall within this class-sometimes referred to as narcotics-include morphine, codeine, and related drugs. Morphine, for example, is often used before or after surgery to alleviate severe pain. Codeine, because it is less efficacious than morphine, is used for milder pain. Other examples of opioids that can be prescribed to alleviate pain include oxycodone (OxyContin), propoxyphene (Daryon). hydrocodone (Vicodin), and hydromorphone (Dilaudid),

NIDA PRESCRIPTION DRUG RESEARCH DISSEMINATION







Partnerships Are Essential In Advancing the Science of Addiction & in Translating Prevention & Treatment Strategies into Practice



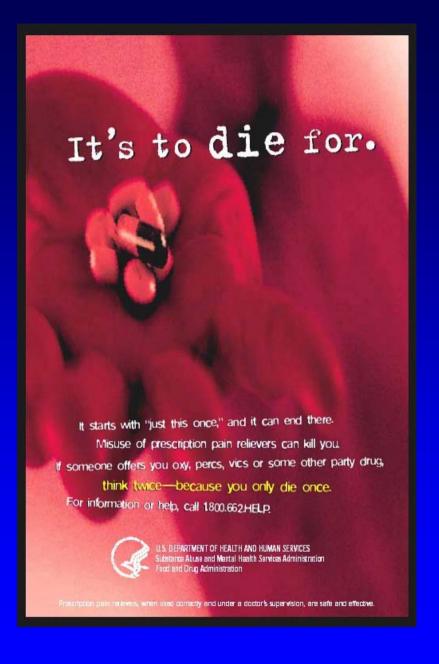




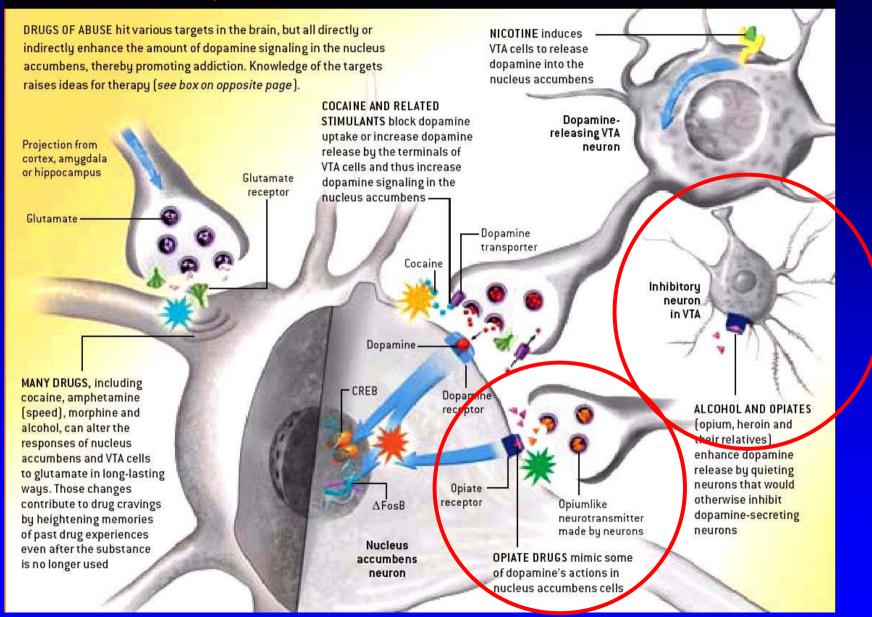




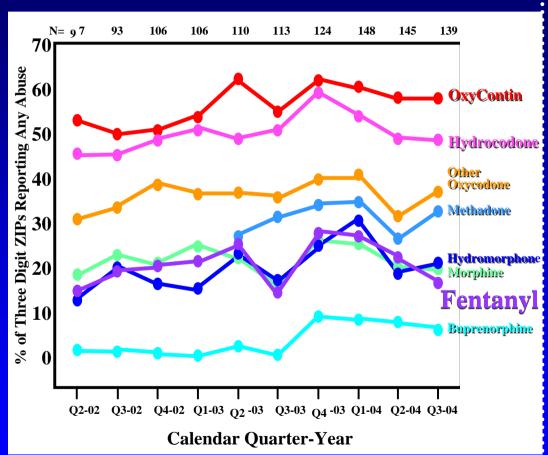
Why Has the Abuse of Prescription Drugs Been Increasing?



DIFFERENT DRUGS, SAME ULTIMATE EFFECT



Prevalence of Prescription Drug Abuse

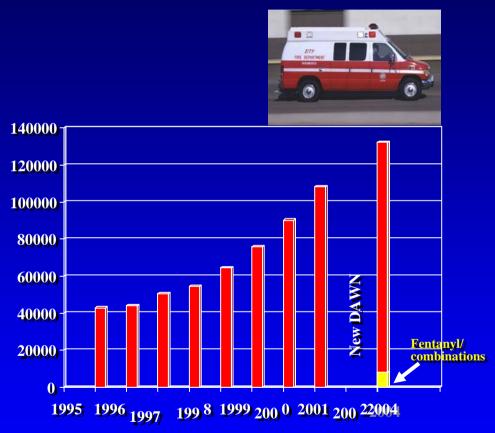


Source: Cicero, T.J et el., The Journal of Pain. 6(10), pp. 662-672, October 2005.

Data from the Researched Abuse, Diversion and

Addiction-Related Surveillance (RADARS®) system, Perdue Pharma.

Drug Abuse-Related ED Visits Involving Narcotic Analgesics

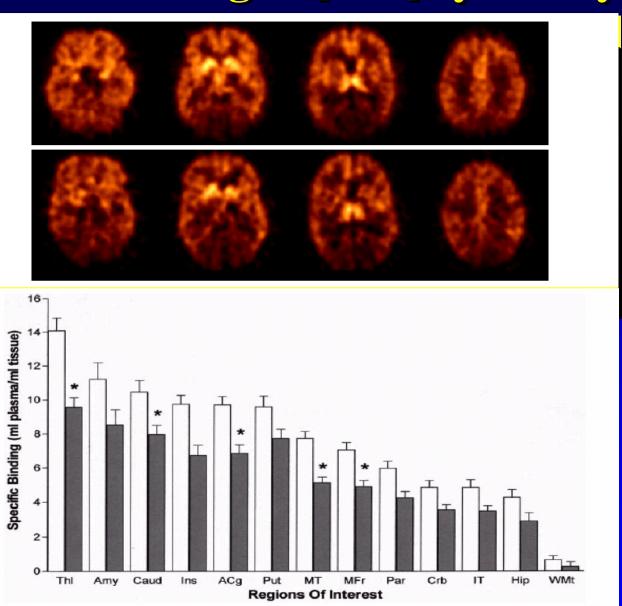


Source: SAMHSA, The DAWN Report: Narcotic Analgesics, 2002 Update, September 2004.

Specific Binding of [18F] cyclofoxy

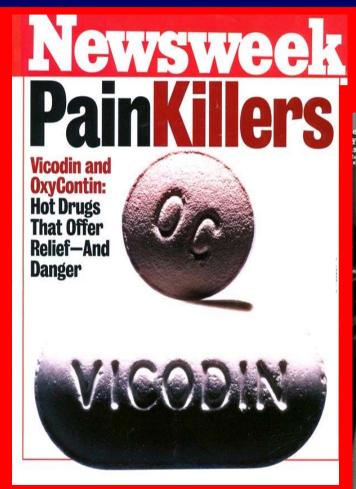
Normal Control

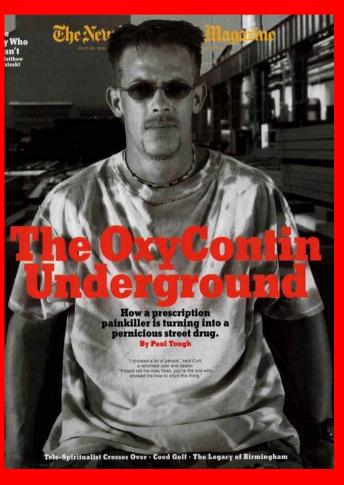
Methadone Maintained Patient



Source: Kling et al., JPET, 2000.

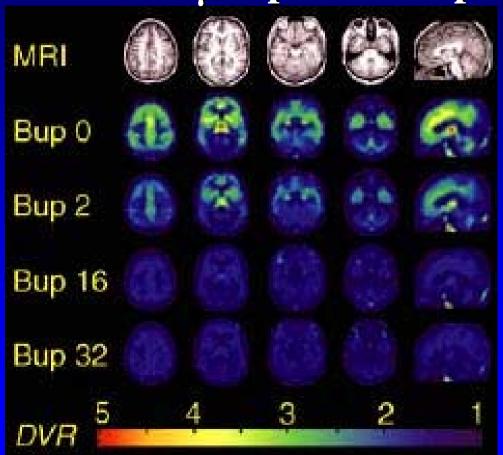
Increased Media Attention

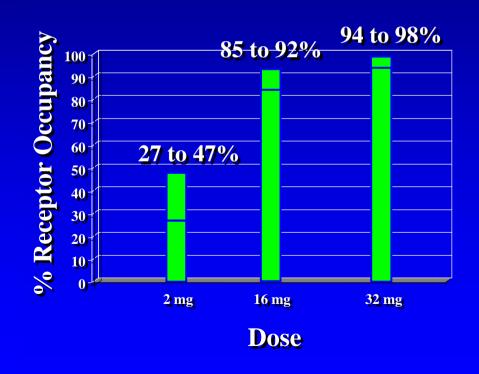




Medications to Treat Those Addicted

Effects of Buprenorphine Maintenance Dose on µ-Opioid Receptor Availability





Source: Greenwald, MK et al, Neuropsychopharmacology 28, 2000-2009, 2003.

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- · teens.drugabuse.gov
- · inhalants.drugabuse.gov













Prescription Medications

Description:

Prescription drugs that are abused or used for nonmedical reasons can alter brain activity and lead to dependence. Commonly abused classes of prescription drugs include opioids (often prescribed to treat pain), central nervous system depressants (often prescribed to treat anxiety and sleep disorders), and stimulants (prescribed to treat narcolepsy,

Street

Commonly used opioids include axycodone (OxyContin), propoxyphene (Darvon), hydrocodone (Vicodin), hydromorphone (Dilaudid), mependine (Demerol), and diphenoxylate (Lomotii). Common central nervous system depressants include barbiturates such as pentobarbital sodium (Nembutal), and benzodiazenines such as diazenam (Valium) and alprazolam (Xanax). Stimulants include dextroamphetamine (Dexedrine) and methylphenidate

Effects:

Long-term use of opioids or central nervous system depressants can lead to physical dependence and addiction. Taken in high doses, stimulants can lead to compulsive use. paranoia, dangerously high body temperatures, and irregular

Statistics and Trends:

According to NIDA's 2003 Monitoring the Future study, 9.3% of high school seniors used hydrocodone (Vicodin) in the past year, Source: NIDA Infofacts: High School and Youth Trends.

NIDA's Featured Publications



NIDA InfoFacts: Prescription Drugs and Pain Medications. NIDA InfoFacts: Prescription Drugs and Pain Medications.

INFOFACTS: Describes the health effects of abusing prescription drugs. For a general audience. (Report).



NIDA Research Report: Prescription Drugs: Abuse and Addiction. More detailed look at research findings on prescription drug abuse. For a general audience. (Report).



NIDA InfoFacts: Methylphenidate (Ritalin®), Overview of the NIDA InfoFacts: Methylphenidate (Ritaling), Overview of InfoFacts health effects of Ritaling when it is used for non-medical purposes. For a general audience. (Fact sheet).

Need a treatment referral? Call 1-800-662-HELP or visit findtreatment.samhsa.gov

See Also:

Other Recommended Reading

- · Preventing Drug Use Among Children and Adolescents: A Research-Based Guide for Parents, Educators, & Community Leaders, 2nd
- · NIDA InfoFacts: High School and Youth Trends
- · NIDA InfoFacts: Hospital Visits (Trends and Statistics)
- · NIDA InfoFacts: Nationwide Trends

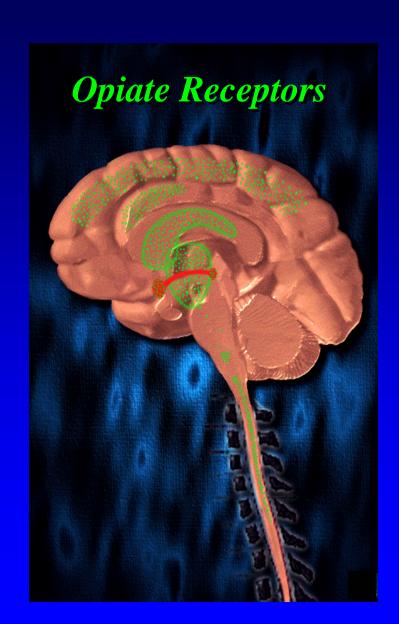
NIDA's Publication Series

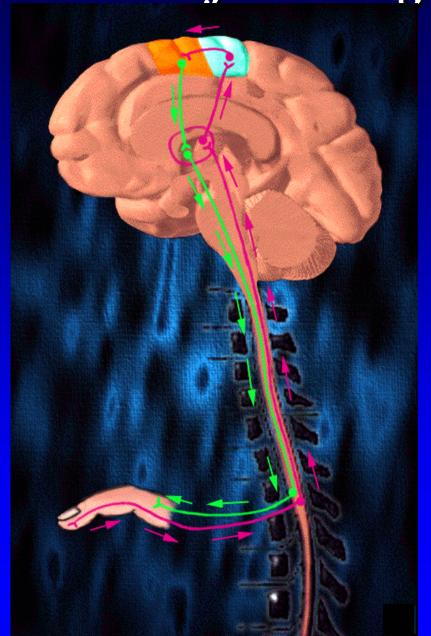
- · Research Reports
- · InfoFacts (fact sheets)
- . NIDA Notes (newsletter)
- . Science & Practice
- Perspectives (journal for researchers & health care nrouiders)
- . Mind Over Matter: Drug info for grades 5-9

Other Web Sites

- ClubDrugs.org a NIDA Companion Web site
- SteroidAbuse.org a NIDA Companion Web site

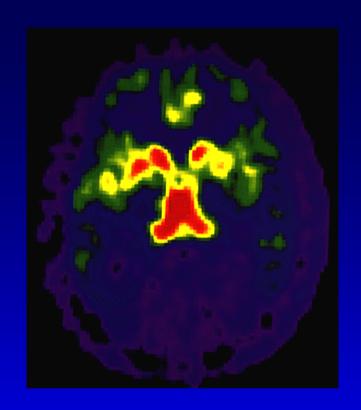
Transmission of Pain Signals

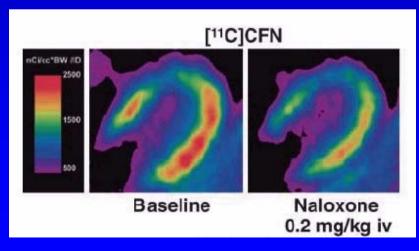




In Addition to Having Pain-Relieving Properties Opiates, Including Fentanyl, Affect Virtually All the Body's Organ Systems Including ...

- Neuroendocrine
- Cardiopulmonary
- Gastrointestinal





Involvement of δ Opioid Receptors in the Tolerance and Physical Dependence of μ Opioid Receptor Agonists

